

“WOMEN PROTECTION” by SAKTHI TEAM

The Resource person Mrs. Bhargavi, Shakti Team member has given awareness on a protection for Women for all I B.Tech girl students. Resource person focused on the problems that women face now-a-days in a society.

This program is designed to increase safety awareness, knowledge, skills, self-efficacy, and behaviors as well as increase social support for women with disabilities. The program was shown to produce a statistically significant increase among participants' scores on measures of safety planning, safety knowledge, and safety-promoting behaviors, compared with non-participants

Personal safety has become an issue of importance for everyone, but especially for women

- She gave suggestions about that every woman should know about personal safety are the first, and probably most important, component in self-defense awareness.
- Take self-defense training. Escaping is always your best option.
- It is important to understand that you can and should defend yourself physically.
- Never depend on any self-defense tool or weapon to stop an attacker. Trust your body and your wits, which you can always depend on in the event of an attack.

Total 80 girl students attended in the programme. The students enjoyed the session. The students were interactively participated in the session.

All the students interacted and got their doubts clarified. Mrs. Y.Neeraja, HOD Department of FED, has proposed vote of thanks.





